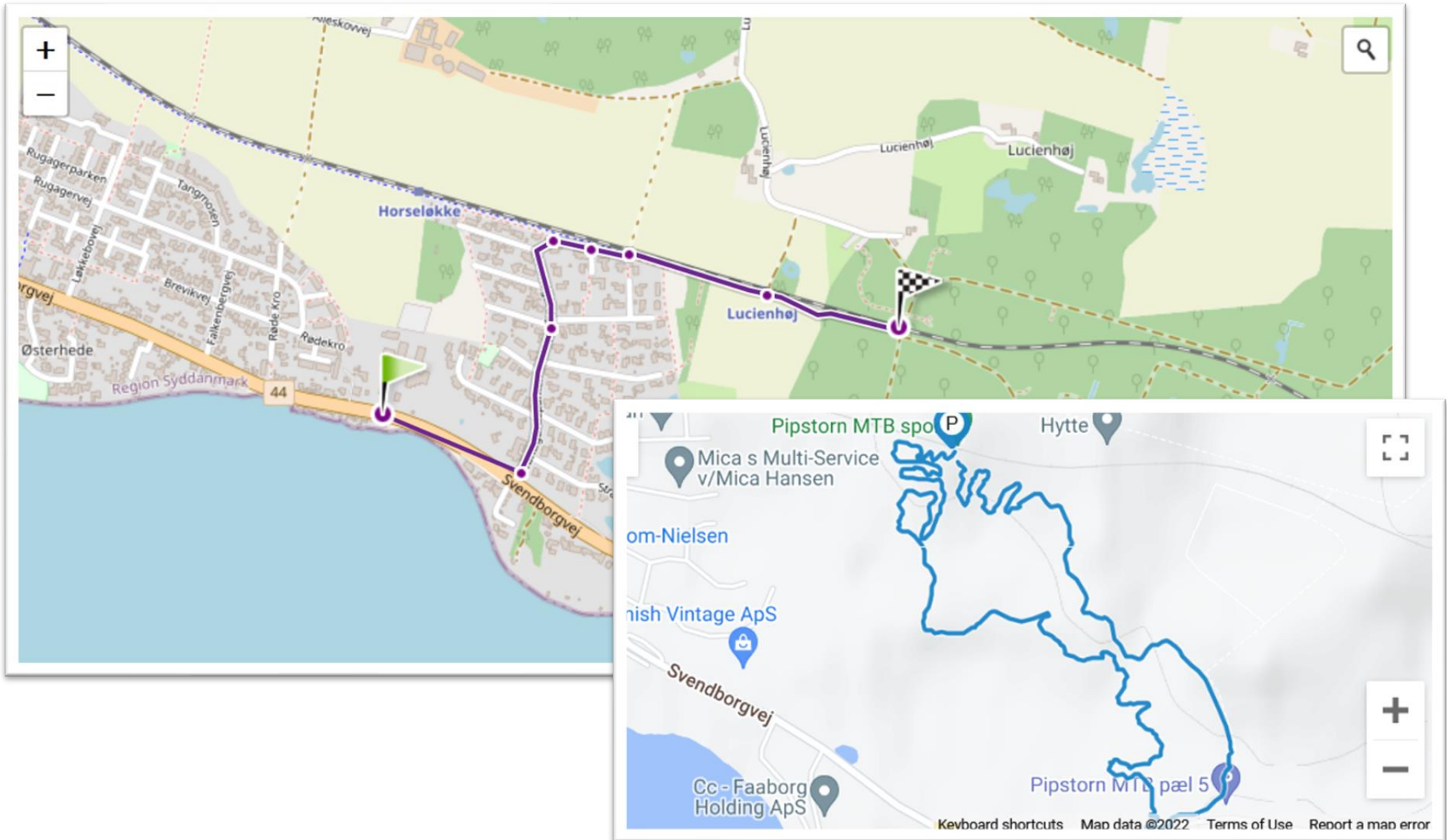


## Route 'trail run':

Distance:  $1.5 + 3.7 + 1.5$  km = 6.7 km

Description: Run north (Strandgårdparken) and follow the trail east, which runs parallel to the train track. At Pipstorn forest find and follow MTB track. Return home.



## Route 'Faaborg Sund':

Distance: 7 km

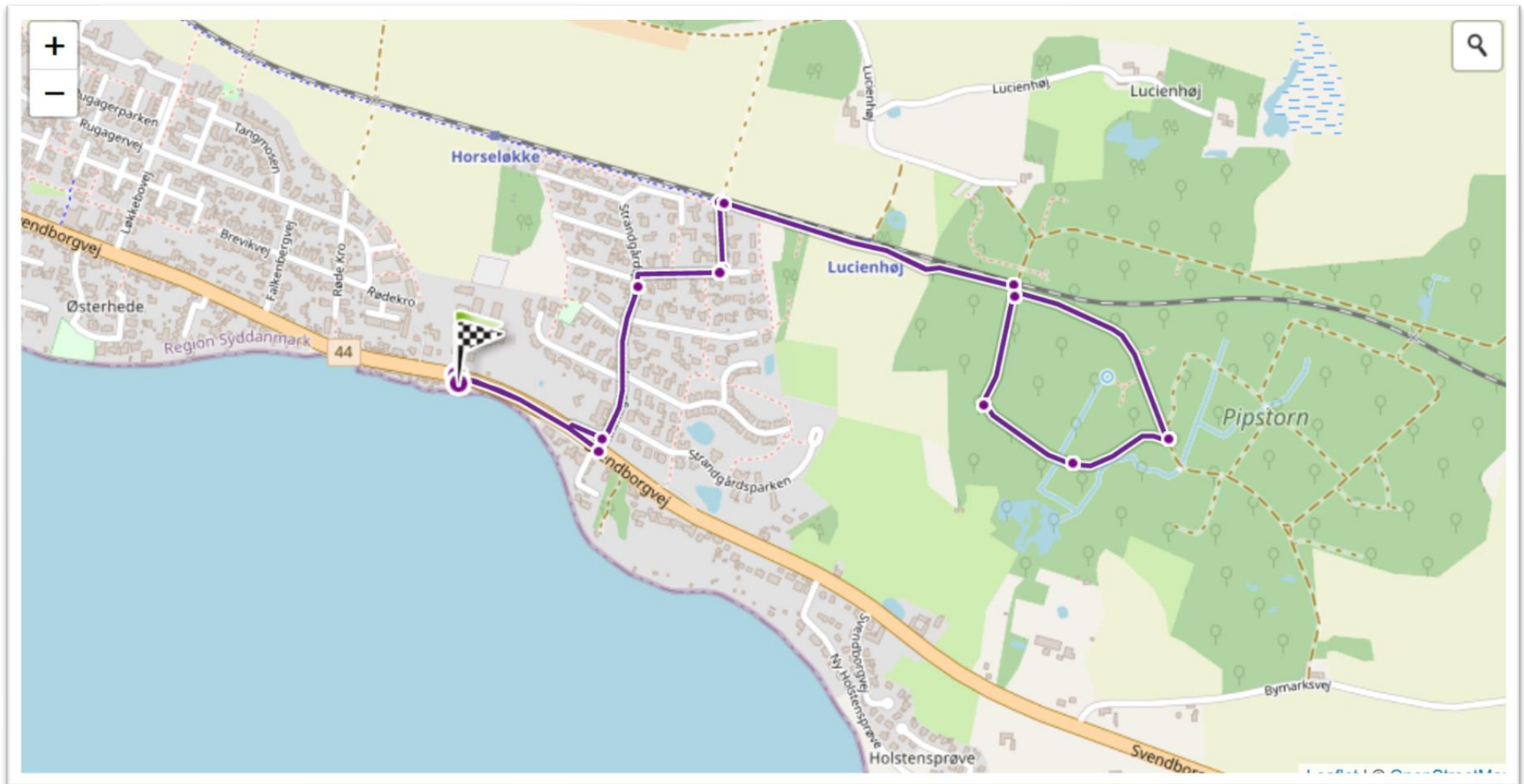
Description: Run north (Røde Kro) and follow the trail west, which runs parallel to the train track. Cross train track, and head north (towards Price Have Center). Follow trail around 'sundet'. Track back via the trail along train track or follow Svendborgvej' (latter not indicated).



## Route 'Pipstorn 4k':

Distance: 4 km

Description: Run north (Strandgårdsparcken) and follow the trail east, which runs parallel to the train track. At Pipstorn forest, follow large path loop and track back.



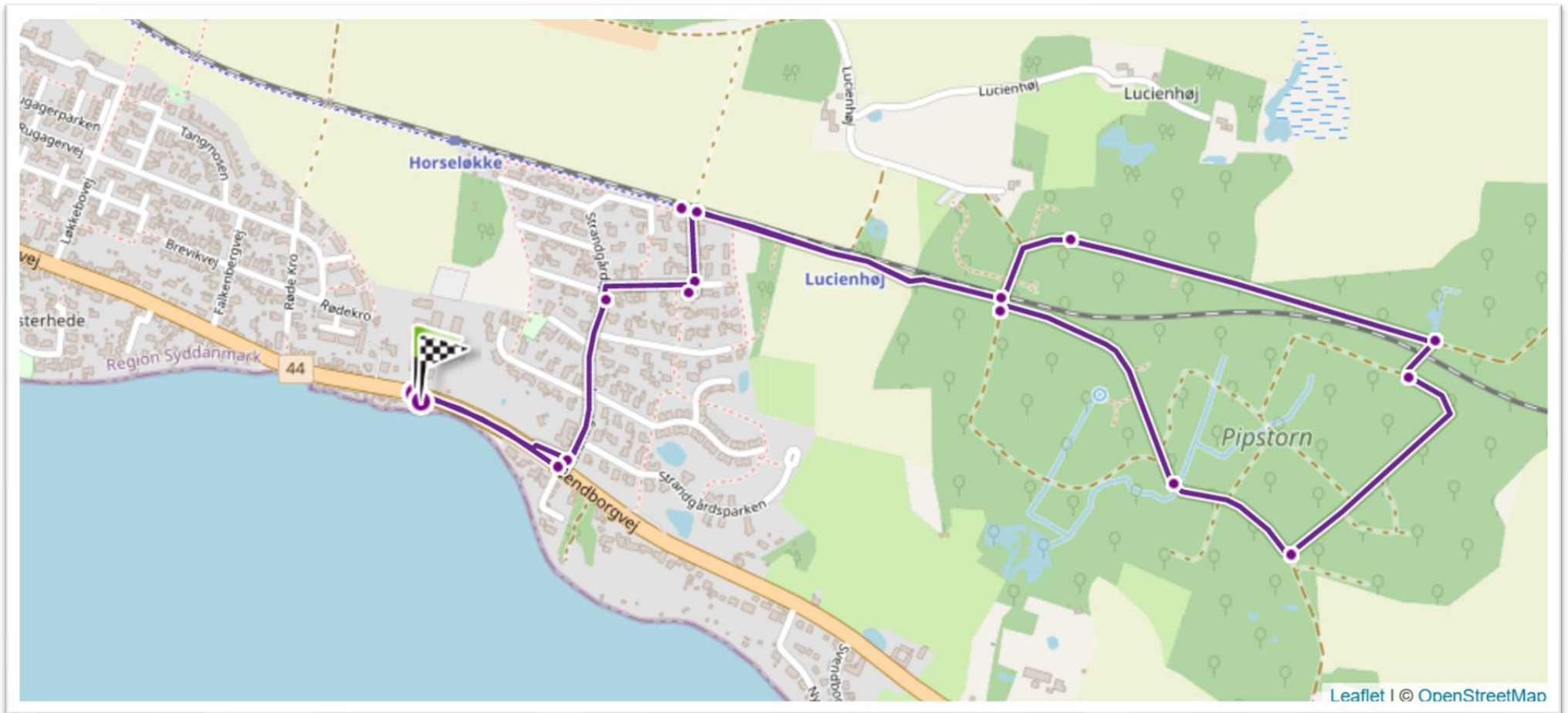


## Route 'Pipstorn 5k':

**Distance:** 5 km

**Description:** Run north (Strandgårdsparken) and follow the trail east, which runs parallel to the train track. At Pipstorn forest, cross train track and follow large path eastward. Cross train track and follow large paths looping back. Track back.

**Alternative:** Keep heading south instead of looping back through the forest. Return via Bymarksvej and Svendborgvej.



## Route 'Alleskov & Sundet':

Distance: 9.5 km

Description: Run north to Diernæs (via Strandgårdparken, crossing the train track, passing Alleskoven). Follow Sundbjergvej west toward Kaleko. Run north (Bakkevej) and get onto the paths leading around Sundet. Follow the path running along the train track back.

